

# Recommended Stunning Practices

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Stunning an animal correctly will provide better meat quality. Improper electric stunning will cause bloodspots in the meat and bone fractures. Good stunning practices are also required so that a plant will be in compliance with the Humane Slaughter Act and for animal welfare. When stunning is done correctly, the animal feels no pain and it becomes instantly unconscious. An animal that is stunned properly will produce a still carcass that is safe for plant workers to work on.

- [Determining Insensibility and Effectiveness of Stunning](#)
  - [Proper Cattle Restraint for Stunning](#)
  - [Captive Bolt Stunning](#)
  - [Electric Stunning of Pigs and Sheep](#)
  - [Electric Stunning of Cattle](#)
  - [Carbon Dioxide Stunning](#)
  - [Electro-Immobilization is NOT a Humane Method of Restraint](#)
  - [Best Practices for Animal Handling and Stunning](#)
  - [Headholder for holding head in conveyor restrainer \(Front View\)](#)
  - [Headholder for holding head in conveyor restrainer \(Side View\)](#)
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